

## ***Online BMAT Pack***

***Several websites suggest that you should not spend too much time revising for the BMAT as you should have already covered the content in your high school curriculum, but is that true?***

Here at Medefine Education, we understand that entrance exams are a tough obstacle to tackle for any aspiring medical student. We have been there ourselves. Although quite different from the UKCAT in terms of content, the same principle applies to the Biomedical Admissions Test (BMAT). In order to succeed, you have to practice and get used to the format of the test. According to statistics, highest scores are achieved by those who have put in the extra hours and who have practiced in advance before the exam. There's no secret to it. The earlier you start and the more you practice, the higher your grade will be.

Our pack is designed as a fast-track BMAT course and includes three\* one-to-one tutoring sessions with a medical student or doctor delivered online.

We start with a 1 hour face-to-face session uncovering the BMAT and its subsections, information on strategy, technique, and key tips. After you have consolidated the theory delivered during our first session, we put this into practice by fully dissecting interactive sample questions and examples.

Our final face-to-face session includes a mock BMAT test. During this session, you will have the opportunity to use the strategies and techniques learnt during previous sessions and provide a rationale for your answers. After all, if you can't explain something, it means you don't master it well enough! Specific feedback will be provided at the end of each session.

A booklet of questions will be provided so you can practice each section individually. Each practice question will have the relevant correct answer or sample essay provided with full explanation so you can easily go through them at your own pace.

## ***What's included in the pack?***

- **One-to-One sessions with a medical student or doctor (Total 4 Hours Online)**
  - 1 hour online Introduction and Theory Session
  - 1 hour online Strategies, Techniques, and Hands-on Sample Questions
  - 1 hour online Mock BMAT Test
- **Resources and Background Reading**
  - Reading list and preparation materials
  - Evidence based materials developed in collaboration with admission tutors from the UK
  - Booklet of questions including sample questions from each BMAT subsection
- **Specific Information regarding the BMAT requirements**
- **Personalised feedback and suggestions for improvement**
- **Common test techniques and what to expect on the day**

Our medical students and doctors are looking forward to joining you in your application journey. Remember, we are here to help and to support you until you succeed.

If you would like to know more or to book the Online BMAT Pack, drop us an email at [info@medefine.org](mailto:info@medefine.org).

\*Want something extra? Further One-to-One teaching sessions and questions can be added to the Online BMAT Skills Pack.